



HOT WEATHER POLICY

This Hot Weather Policy has been developed to inform members when a training session or domestic game will be cancelled due to extreme heat. The criteria in Appendix 1 on page 4 will apply.

It should be noted that the club cannot be expected to accurately predict the temperature in advance and there will be times when training or domestic games may be cancelled at short notice or when the temperature does not reach the predicted maximum.

Notification of cancellation

Sturt Metro and District League

Evening Trainings

- Notification for Metro League and District League evening trainings will be made via the Sturt Sabres Facebook pages and an email will be sent to your registered email on the club database. It is your responsibility to ensure that you are checking these communication mediums.

Sunday (morning) Trainings

- There will be no notification from the club. It is each member's responsibility to check the BOM App or website for the predicted temperature at the end of the scheduled training session.

Sturt Domestic and Aussie Hoops

- Notification for Sturt Domestic and Aussie Hoops games and trainings will be made via the Sturt Sabres Facebook pages and an email will be sent to your registered email on the club database. It is your responsibility to ensure that you are checking these communication mediums.

Alternative activities

On days when training's or games are cancelled, individual teams and squads may still gather and do alternate activities which require no physical exertion. These may include video sessions, culture sessions and team building exercises, provided these activities are held in a comfortable environment. The responsibility for organising and funding these activities rests solely with the individual teams.

Modified Domestic Requirements

If the forecast maximum temperature, as published on bom.gov.au at the times listed in Appendix 1, is 35, 36 or 37 degrees, all trainings will be modified appropriate to the conditions in the stadium. The following additional rules will apply for Domestic Games:

- Referees to call a time out at the half way point of each period, if one has not already been called,
- Quarter, half and three quarter time breaks to be extended by one minute.



Air-conditioned venues

Where venue is air-conditioned (working) all trainings and game will continue as schedule. In the event the air-conditioning is non-functioning the club will notify affected members as soon as we are made aware.

Irrespective of air-conditioning it is the coaches and managers responsibility to ensure the environment is suitable for the activities occurring.

Guidelines for modified activities

No-one should ever feel as though they must play or practice if they believe it is unsafe or they are feeling distressed.

Irrespective of the predicted maximum temperature, program managers, competition coordinators, coaches, team managers and referees should adopt the following as appropriate, in cases of hot weather:

Program Managers and Competition Coordinators:

- Take steps to maximise airflow and reduce heat build-up in stadia,
- Assess playing conditions and advise referees, coaches, managers and members,
- Cancel or postpone games if playing conditions are considered unsafe.

Coaches:

- Ascertain whether any players have known medical conditions which may be affected by heat,
- Ensure that players take adequate fluid during the game or practice,
- Be alert and react to any signs of distress/potential distress in players,
- Make substitutions as appropriate in games,
- Utilise available time-outs in games and breaks in practices.

Referees:

- Call additional time-outs in games,
- Extend the breaks between quarters in games.

Team Managers:

- Ensure that players take adequate fluid before, during and after the game or practice,
- Be alert and react to any signs of distress/potential distress in players,
- Ascertain whether players have medical conditions which may be affected by weather conditions.

No-one should ever feel as though they must play or practice if they believe it is unsafe or they are feeling distressed.

Basketball SA Competitions

All Basketball SA (BSA) managed games are governed by the BSA hot weather policy which can be found at the following link - [BSA Hot Weather Policy](#).



Activity	Temperature	Time	Decision
Metro & District Training (Evening)	38 degrees or higher, 90 minutes prior to the commencement of the scheduled training as per Adelaide Weather Observations (check the actual temperature prior to training).	Cancellation decision is made 90 minutes before the scheduled start (i.e. 4:30pm for 6pm training and 6pm for 7:30pm training)	Cancelled – club will notify.
Metro & District Training (Morning)	38 degrees or higher, at the conclusion of the scheduled training as per Adelaide Detailed Forecast (Air Temperature)	Check the predicted temperature 90 minutes before the commencement of the training.	Cancelled – no notification.
Aussie Hoops	38 degrees or higher, as per bom.gov.au	9:00am on the day of training	Cancelled – club will notify.
Domestic Training	38 degrees or higher, as per bom.gov.au	9:00am on the day of training	Cancelled – club will notify.
Domestic Games	38 degrees or higher, as per bom.gov.au	9:00am on the day of game	Cancelled – club will notify.